



**Saturday, October 14, 2023**

University of Calgary Health Sciences Centre  
3330 Hospital Drive NW, Calgary, Alberta

### CONFERENCE OVERVIEW

#### Best Practice and Excellence in Care

This conference is designed for physicians, paramedics, nurses and nurse practitioners working in Urgent Care Centres (UCC). The content will provide participants with an update on the management of several urgent clinical conditions presenting to a UCC.

### CONFERENCE OBJECTIVES

The intent of the conference is for learners to:

- Increase knowledge and practical application of skills required in an Urgent Care setting, resulting in successful and confident patient management
- Increase knowledge of various presentations and how to manage them within the Urgent Care setting and when to refer, so that patients receive timely, appropriate treatment or referrals
- Enhance interprofessional relationships through shared learning and networking opportunities resulting in more collaborative practice

### WHO SHOULD ATTEND

Physicians, nurse practitioners, registered nurses, paramedics and licensed practical nurses working in Urgent Care Centres. Physicians and nurses who work in emergency care in a rural hospital setting will also benefit. Physicians who are considering working in Urgent Care.

[www.UrgentCareConference.ca](http://www.UrgentCareConference.ca)

#### REGISTRATION ONLINE

[www.urgentcareconference2023.eventbrite.com](http://www.urgentcareconference2023.eventbrite.com)

#### PAPERLESS CONFERENCE

Handouts will be posted online as they are made available.

#### ON-SITE REGISTRATION

Based on availability; is not guaranteed and may be subject to a surcharge. Cash or cheque only.

#### DIETARY REQUIREMENTS

Vegetarian, gluten-free and nut-free options will be provided. We are unable to accommodate any other dietary restrictions.

## CONFERENCE PROGRAM

### Saturday, October 14, 2023

0730 - 0755	Registration / Continental Breakfast	1230 - 1320	Lunch
0800 - 0815	Opening Remarks Virginia Wheeler & Charles Wong	1320 - 1415	AFTERNOON WORKSHOP SESSIONS
0815 - 0910	<b>Effective Teamwork in the Urgent Care - Why it Matters, and How You Make it Happen</b> <b>Vince Grant</b>  Teamwork is an essential part of our day to day work. Learn how to optimize your interaction with your team, to improve outcomes and satisfaction.	1420 - 1515	AFTERNOON WORKSHOP SESSIONS (repeat from 1320)
0915 - 1010	MORNING WORKSHOP SESSIONS	1515 - 1525	Refreshment Break
1010 - 1025	Refreshment Break	1530 - 1625	<b>Resiliency: More Important Now Than Ever for the Front Line</b> <b>Verna Yiu</b>  Working on the front lines of health care is always stressful - more in the past few years than ever. Dr. Yiu spent much of the pandemic in the spotlight, and has medical and administrative experience about the importance of resilience in caring for yourself as well as your patients.
1030 - 1125	MORNING WORKSHOP SESSIONS (repeat from 0915)	1630 - 1635	Closing Remarks Virginia Wheeler & Charles Wong
1130 - 1225	<b>Procedural Sedation and Anesthetic Agents in Urgent Care</b> <b>Jonathan Wallace</b>  Stressed about sedating a pediatric or BMI 50 patient in urgent care? This session will review fundamentals of anesthetic drugs used in analgesia, sedation & induction in Urgent Care. Learn a new cocktail or two to use on your next shift. It'll be much more fun than double-Potions with Snape.	1640 - 1800	Reception and Networking Session  Wine and Cheese! Meet and greet with members of the urgent care community, including physicians, nurses, residents, and students.  Prospective urgent care physicians (current residents and practicing physicians) will have the opportunity to meet with the Medical Director(s) of the UCCs, express their interest, and learn about upcoming opportunities.

## REGISTRATION

### On or before September 17

\$275 Physicians

\$100 Nurses, Nurse Practitioners and Paramedics

\$100 Residents and Students

(only available for full-time students)

### After September 17

\$319 Physicians

\$125 Nurses, Nurse Practitioners and Paramedics

\$125 Nurses, Nurse Practitioners and Paramedics

Registration and payment is online only at: <https://urgentcareconference2023.eventbrite.com>

## CONFERENCE PROGRAM - WORKSHOPS

- Workshop sessions have been identified as designed for physicians/NPs or RNs/LPNs
- Although the workshops will focus on the needs of the identified health professionals, other disciplines are welcome to attend

### MORNING WORKSHOP SESSIONS

#### **Chest Tubes, Pig Tails & Needle Decompression, Oh My!**

PHYSICIANS / NPs

Stan Mayer, Tyson, Warner, Ian Wishart

This session will provide hands-on practice with needle decompression and the insertion of chest tubes and pig tails.

#### **Making DKA A-OK**

PHYSICIANS / NPs

Hanan Bassyouni

This session will teach the Urgent Care physician the initial approach to identify and manage a patient with DKA until they are transferred to an ED.

#### **Connect Care Efficiency**

PHYSICIANS / NPs

Haley Cochrane

This session will walk participants through tips for increasing efficiency with the Connect Care EMR on shift.

\*Physicians are encouraged to bring their mobile devices to make real time modifications to improve their Connect Care experience.

#### **From CPAP to Chest Tubes, When Your Patient is Failing**

RNs / LPNs

Tiffany Fossum

This hands-on session will cover indications and techniques to use CPAP equipment, including new developments. It will also address chest tubes and post-insertion management.

#### **Wound Care Tips and Tricks**

RNs / LPNs

Elizabeth Ermtter

How to manage common wounds in the Urgent Care using basic supplies. Covering acute management of skin tears, pressure injuries, and more.

#### **The 1-2-3 of 12 Lead ECG**

RNs / LPNs

Kaleigh McCartney

This session will cover the basics for ECG interpretation, including what is concerning and what to look for.

#### **Imminent Delivery and Postpartum Management**

RNs / LPNs

Anna Tumoth

This session will cover tips and tricks to assist in the safe delivery of a baby in the Urgent Care. Ways to prevent and manage a postpartum hemorrhage will also be reviewed.

### AFTERNOON WORKSHOP SESSIONS

#### **Difficult Airways**

PHYSICIANS / NPs

Stan Mayer, Tyson Warner, Ian Wishart

Hands-on stations focusing on common challenges of airway management, including assessment (regular vs difficult), the use of airway adjuncts and techniques to deal with airway emergencies.

#### **POCUS for Urgent Care: Beyond the Basics**

PHYSICIANS / NPs

Jonathan Wallace

This didactic session will include tips and tricks on Point of Care Ultrasound (POCUS) for the Urgent Care physician. This will go beyond the basic EDE1 scans and may include lungs, heart, renal, gallbladder, veins, and procedures, as time allows.

#### **Sports Med/Ortho: It's Not Broken, Now What?**

PHYSICIANS / NPs

Babak (Bobby) Homayoon

This session will provide a specialist's perspective on how Urgent Care physicians can better manage injuries which are not fractured. Bring your questions for our expert!

#### **No RT's in Urgent Care, Now What?**

RNs / LPNs

Melissa Eastly, David Vultaggio

This hands-on workshop will show nurses how to manage the airway of critically ill patients including bagging, airway adjuncts and assisting physicians with intubation.

#### **When to Press and When to Hold: Vasopressors and MAP Made Easy**

RNs / LPNs

Sauna Champagne

This session will review the common vasopressors used in Urgent Care and the tips and tricks of when to use them, how to mix them and what we are monitoring in our patients. This includes a review of MAP (mean arterial pressure) and how it helps make these decisions.

#### **Where is the Ortho Tech?**

RNs / LPNs

Carl Murray

Some Urgent Care don't have Ortho techs, and other sites have them for limited hours. Learn the tips and tricks of fitting various splints, slings and ortho contraptions when they are needed.

## PLANNING COMMITTEE

### CO-CHAIRS

Virginia Wheeler RN BN - Calgary

Charles Wong MD CCFP(EM) - Calgary

### CORE MEMBERS

Raj Bhardwaj MD CCFP FCFP - Calgary

Mohamed El Bialy RN BScN - Edmonton

Nancy Enns MD CCFP - Calgary

Tyson Warner MD CCFP - Calgary

### ADVISORY MEMBERS

Bobbi Johal Pascal BN BSN SN - Airdrie

Hussain Khimji MD CCFP - Calgary

Anthony Seto MD - Calgary

Jonathan Wallace MD CCFP(EM,FPA)  
RDMS - Cochrane

Angela Wooler MD - Calgary

### CONFERENCE COORDINATORS

Nicole Farago

Jennifer Gerritsen

## LOCAL AND VISITING FACULTY

Hanan Bassyouni MD FRCPC  
Internal Medicine, Endocrinology and Metabolism, Peter Lougheed Centre; Clinical Assistant Professor, University of Calgary - Calgary, AB

Shauna Champagne RN  
Nurse Clinical, Sheldon M. Chumir Urgent Care - Calgary, AB

Haley Cochrane MD MBBS ABEM FRCPC  
Assistant Site Chief, Peter Lougheed Centre; Emergency Physician, Alberta Health Services; Clinical Assistant Professor, University of Calgary - Calgary, AB

Melissa Eastly RN BN, ACP  
Nurse, Sheldon M. Chumir Urgent Care; Critical Care Flight Nurse, Lifesupport Air Medical Services - Calgary, AB

Elizabeth Ermtter RN BN IIWCC  
Skin and Wound Instructor, Integrated Supportive and Facility Living - Calgary, AB

Tiffany Fossum RN  
Clinical Nurse Educator, Okotoks Urgent Care - Okotoks, AB

Vince Grant MD FRCPC  
Professor, Pediatrics, Emergency Medicine, University of Calgary; Medical Director eSIM, Quality and Patient Safety Education Alberta Health Services - Calgary, AB

Babak Homayoon MD CCFP Dip. Sport Med  
Family Physician, Sport Medicine; Airdrie Urgent Care - Airdrie, AB

Stan Mayer MD CCFP(EM) FCFP  
Family Physician; Emergency Medicine; Clinical Assistant Professor, University of Calgary - Calgary, AB

Kaleigh McCartney RN BN  
E-Simulation Consultant, AHS; Sessional Instructor, University of Calgary - Calgary, AB

Carl Murray LPN ROT  
Registered Orthopedic Technician, Sheldon M. Chumir Urgent Care - Calgary, AB

Anna Tumoth RN BN IBCLC  
Clinical Nurse Educator, Obstetrics, High River Hospital - High River, AB

David Vultaggio RN BN, ACP  
Flight Paramedic, STARS Air Medical Crew - Calgary, AB

Jonathan Wallace MD CCFP(EM,FPA) RDMS  
Clinical Assistant Professor, Department of Family Medicine, University of Calgary - Calgary, AB

Tyson Warner MD CCFP  
Family Physician, South Calgary Urgent Care - Calgary, AB

Ian Wishart MD CCFP FRCPC  
Emergency Physician, Rockyview General Hospital; Clinical Associate Professor, University of Calgary - Calgary, AB

Verna Yiu MD FRCPC  
Pediatric Nephrologist, Stollery Children's Hospital; Professor, Pediatrics, University of Alberta - Edmonton, AB

## DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure will be done verbally and using slides during the speaker's presentation.